



Catalyst Physician Group Direct Primary Care Service Menu - 2026

Preventive / Wellness

Service Name	Description	Cost
Annual <i>Wellness Exam</i>	Comprehensive yearly physical exam including vitals, health screening, and personalized wellness plan.	Included
Well Woman Exam	Comprehensive yearly physical exam + pelvic exam & pap smear	Included
Influenza Vaccinations	Annual Flu Prevention	Included

Injury / Illness

Service Name	Description	Cost
Sick Visit	Evaluation and treatment for acute illness (cold, flu, sinus infection, etc.).	\$10 per visit
Minor Injury Care	Treatment for sprains, strains, minor cuts, and burns.	\$10 per visit
Virtual Visit	Telehealth consultation for minor illness or follow-up.	\$10 per visit
Procedures:		
Nebulizer Treatment	Breathing treatment used for respiratory illness and asthma	\$12
Incision and Drainage	Minor surgical procedure to cut and remove an abscess or cyst	Varies depending on location and size (\$187 - \$494)
Avulsion Nail Plate	Treatment and removal of fingernail, toenail following injury.	\$167
Removal of Skin Tags	Removal of Skin Tags up to 8 using local anesthetic.	\$136
Joint Injection	Injection of a steroid into a joint for inflammation and pain relief.	\$95
Medications:		
Ceftriaxone (Rocefin)	Antibiotic for Intramuscular (IM) injection to treat infections	Varies depending on dosage
Steroid IM Injections	Betamethasone (Celestone), Dexamethasone (Decadron), Triamcinolone (Kenalog) injections used to treat inflammation.	Varies depending on dosage
Ketorolac (Toradol) IM Injection	Nonsteroidal anti-inflammatory drug (NSAID) used to treat pain and inflammation	Varies depending on dosage
Diphenhydramine (Benadryl) IM Injection	Used IM for serious allergic reactions	Varies depending on dosage

Labs

Service Name	Description	Cost
Venipuncture	Collection of blood for lab processing	\$7.00
Comprehensive Metabolic Panel	Measures key electrolytes and kidney function.	1 included per calendar year. \$16.00 thereafter
Lipid Panel	Checks cholesterol and triglyceride levels.	1 included per calendar year. \$20.00 thereafter
Complete Blood Count (CBC)	Evaluates blood cells for anemia, infection, or other conditions.	1 included per calendar year. \$12.00 thereafter
Anemia Panel	Blood test to detect for iron levels and potential causes of anemia. Measures Iron, Iron binding Capacity, Ferritin.	\$43.00
Thyroid Function	Checks thyroid hormone levels (TSH, Free T4).	\$39.00
Vitamin D Level	Measures vitamin D status for bone and immune health.	\$44.00
STI Screening	Screening for sexually transmitted infections with blood, urine sample or other specimens. (Ex. Syphilis, HIV, gonorrhea/chlamydia, trichomonas, hepatitis B & C, Herpes).	Varies depending on test.
Hemoglobin A1c	Measures average blood sugar levels over 3 months.	\$8.00
Urinalysis	Measures the presence of multiple substances in the urine such as protein, glucose, and blood.	\$6
Urine Culture	Detects and identifies bacteria in the urine	\$12
Urine Drug Screen	Required at intervals if prescribed controlled substances like ADHD medications	\$93.50

Point of Care Tests (tests performed and resulted in office)

Service Name	Description	Cost
Rapid Influenza + Covid	Nasal Swab for diagnosis of Flu A or B or Covid	\$25
Mononucleosis Test	Finger stick to aid in the determination of infectious mononucleosis	\$8
Urine Pregnancy Test	Urine test to detect the presence of hCG the pregnancy hormone.	\$13
Urine Dipstick	Measures the presence of multiple substances in the urine such as protein, glucose, and blood.	\$3
Electrocardiogram Complete (ECG)	Detects the heart rate, rhythm, and timing of electrical impulses.	\$21

****This is a list of common procedures and tests; additional services are available as needed****